



# American River College Student Health Services



Located in the  
Administration  
Building

**Address:** American River College  
Administration Building  
4700 College Oak Dr.  
Sacramento, CA 95841

**Hours:** Monday – Thursday  
8:30 AM – 5 PM  
Walk-ins only  
Friday  
8:30 AM – 1:30 PM  
Appointments only

**Phone:** 916-484-8383

**Website:** <http://www.arc.losrios.edu/HealthCenter>

## What they provide\*:

IUD	No
IUD – same day	No
The implant	No
The implant – same day	No
The pill	No
The patch	No
The ring	No
The shot	No
Condoms	Yes
Emergency contraception	No

\*Referrals for other methods may be available.

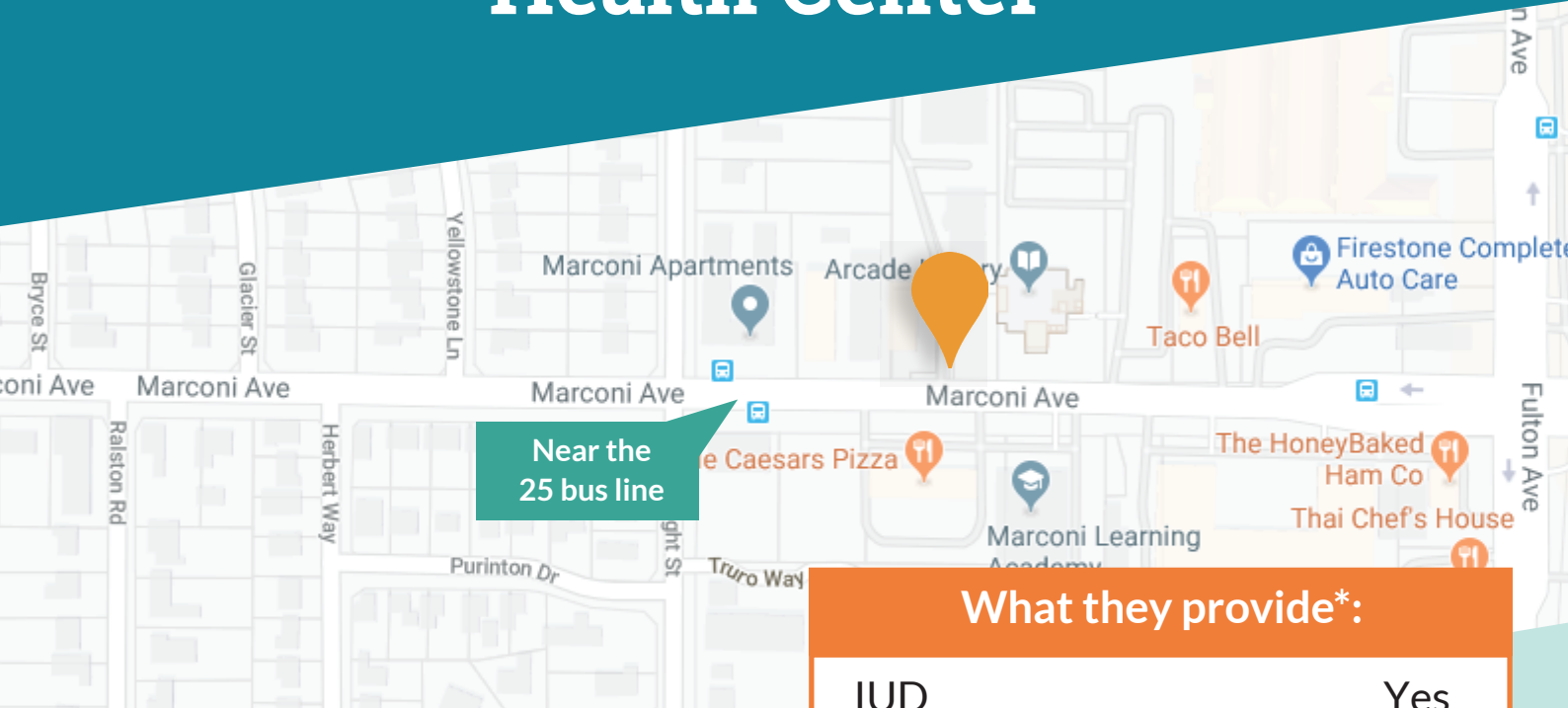
Takes walk-ins?	Yes
Accepts Medi-Cal?	No
Accepts Family PACT?	No

**Tips:**

- Domestic Violence and Sexual Assault services are available on Wednesdays 9am-11am (drop-ins) and 11am-4pm (appointments).

# WellSpace

## Arden-Arcade Community Health Center



**Address:** WellSpace Arden-Arcade Community Health Center  
2433 Marconi Ave  
Sacramento, CA 95821

**Hours:** Monday – Friday  
8 AM– 5PM

**Phone:** 916-392-2290

**Website:** [www.wellspacehealth.org/location/arden-arcade-community-health-center](http://www.wellspacehealth.org/location/arden-arcade-community-health-center)

**Takes walk-ins?** No

**Accepts Medi-Cal?** Yes

**Accepts Family PACT?** No

### What they provide\*:

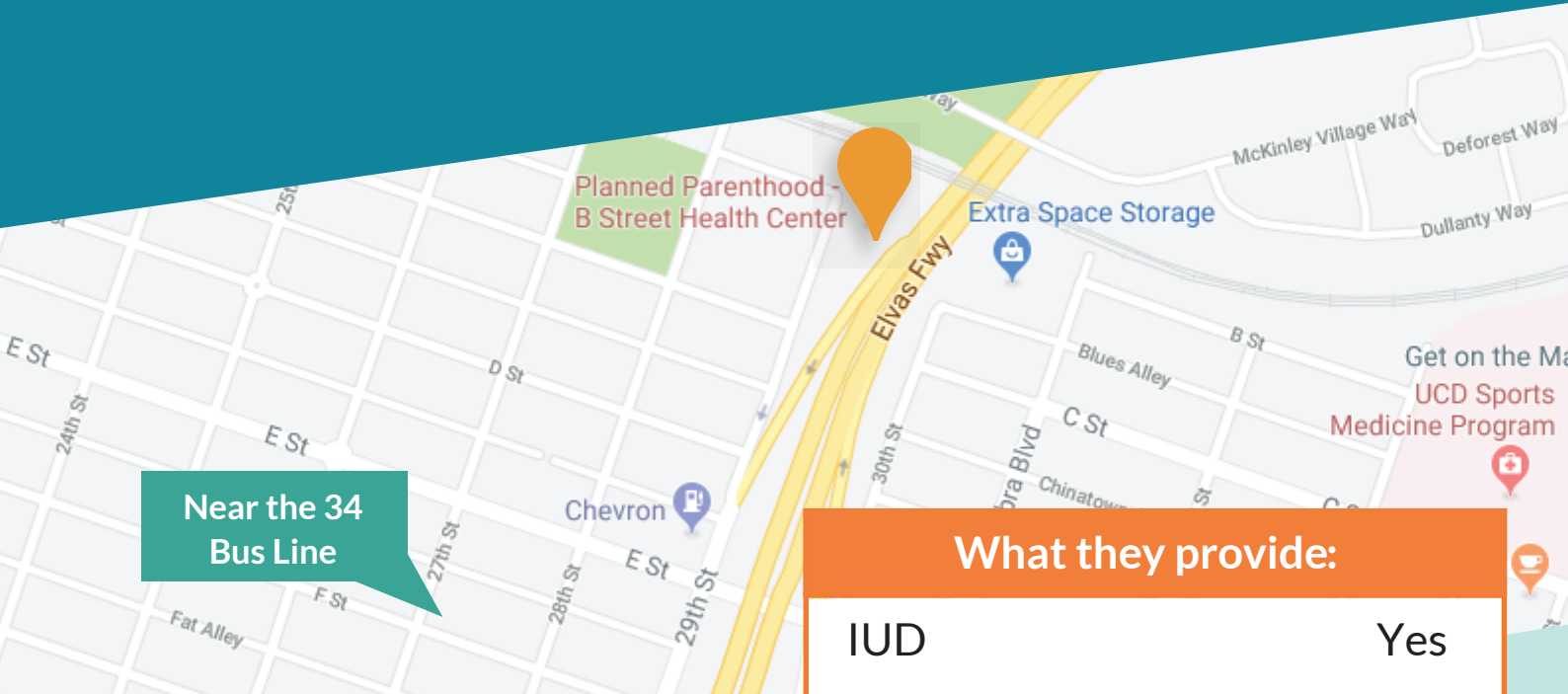
IUD	Yes
IUD – same day	No
The implant	No
The implant – same day	No
The pill	Yes
The patch	Yes
The ring	Yes
The shot	Yes
Condoms	Yes
Emergency contraception	Yes

\*Referrals for other methods may be available.

### Tips:

- If you do not have insurance, they can adjust the fee based on your income (just remember to bring proof of income—like a pay stub).

# Planned Parenthood B Street Health Center



Near the 34  
Bus Line

**Address:** Planned Parenthood  
201 29th Street, Suite B  
Sacramento, CA 95816

**Hours:**

Mon	8 AM – 5 PM
Tues	7:30 AM – 5 PM
Wed	7:30 AM – 5 PM
Thurs	8 AM – 6:30 PM
Fri	8 AM – 5 PM

**Phone:** 916-446-6921

**Website:** [www.plannedparenthood.org/health-center/california/95816/b-street-health-center-2200-90130](http://www.plannedparenthood.org/health-center/california/95816/b-street-health-center-2200-90130)

## What they provide:

IUD	Yes
IUD – same day	Yes*
The implant	Yes
The implant – same day	Yes*
The pill	Yes
The patch	Yes
The ring	Yes
The shot	Yes
Condoms	Yes
Emergency contraception	Yes

\*Availability may vary

**Takes walk-ins?** Yes

**Accepts Medi-Cal?** Yes

**Accepts Family PACT?** Yes

## Tips:

- Walk in any time they are open to get emergency contraception.
- You can book appointments online through their website.

# Planned Parenthood North Highlands Health Center

Near the 19, 80,  
& 84 bus lines

**Address:** Planned Parenthood  
5700 Watt Ave  
North Highlands, CA 95660

**Hours:**

Mon	8 AM – 5:30 PM
Tues	8 AM – 5 PM
Wed	8 AM – 6 PM
Thurs	8 AM – 5PM
Fri	8 AM – 4:30 PM

**Phone:** 916-332-5715

**Website:** [www.plannedparenthood.org/health-center/california/north-highlands/95660/north-highlands-health-center-2201-90130](http://www.plannedparenthood.org/health-center/california/north-highlands/95660/north-highlands-health-center-2201-90130)

<b>Takes walk-ins?</b>	<b>Yes</b>
<b>Accepts Medi-Cal?</b>	<b>Yes</b>
<b>Accepts Family PACT?</b>	<b>Yes</b>

## What they provide:

IUD	Yes
IUD – same day	Yes*
The implant	Yes
The implant – same day	Yes*
The pill	Yes
The patch	Yes
The ring	Yes
The shot	Yes
Condoms	Yes
Emergency contraception	Yes

\*Availability may vary

## Tips:

- Walk in any time they are open to get emergency contraception.
- They offer translations during visits in Spanish, Punjabi, and Tagalog!

# One Community Health Midtown Campus



Near the  
10, 11, 12, 13, 14, 15,  
16, 17, 18, 38, 109  
bus lines

Near the  
62 bus line

**Address:** One Community Health  
Midtown Campus  
1500 21st St  
Sacramento, CA 95811

**Hours:** Monday – Thursday  
8 AM – 7 PM (Building A & B)  
Friday  
8 AM - 6 PM (Building A & B)  
Saturday  
9 AM - 5 PM (Building B)

**Phone:** 916-443-3299

**Website:** [oncommunityhealth.com/  
locations/midtown-campus/](http://oncommunityhealth.com/locations/midtown-campus/)

## What they provide:

IUD	Yes
IUD – same day	No
The implant	Yes
The implant – same day	No
The pill	Yes
The patch	Yes
The ring	Yes
The shot	Yes
Condoms	Yes
Emergency contraception	Yes

**Takes walk-ins?** Yes

**Accepts Medi-Cal?** Yes

**Accepts Family PACT?** No

## Tips:

- If you do not have insurance, they can adjust the fee based on your income (just remember to bring proof of income—like a pay stub).